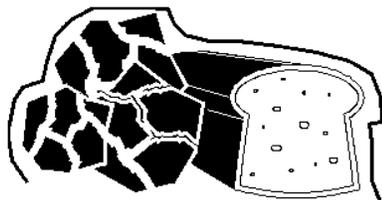


 MASS INTENTIONS OF THE WEEK		
Sat Feb 20	5 pm	
Sun Feb 21	8:30 am	† Biagio Forte & Bruno Forte (Civita Forte & Family) † Maria Rita & Domenico Del Buono (Lucy Zita)
	10 am	† Aldo Gemma (Lucy Gemma & Family)
	11:30 am	"PRO POPULO"
Mon Feb 22	8 am	† Sam Barone (Tony & Cathy Dodds)
Tue Feb 23	8 am	† Nancy Murphy (Robert & Patricia Nagoda)
Wed Feb 24	7 pm	
Thu Feb 25	8 am	† John Cannon (Olivia & Alan Morris)
Fri Feb 26	8 am	
Sat Feb 27	5 pm	† Chloe Rosatelli (The Family)
Sun Feb 28	8:30 am	
	10 am	† Helen Jelinek (Daughter Jackeline)
	11:30 am	"PRO POPULO"

Satan: the tempter

Before he begins his public ministry, Jesus makes a religious retreat in the desert. The vast emptiness allows him to fully commune with his Father. He is not alone, however. Satan comes to tempt his human nature. The word



Command these Stones

"Satan" means "adversary" in Hebrew. In the Old Testament, Satan was believed to be an agent of God. His mission was to test human beings to strengthen their faith. Eventually he was seen as the ultimate adversary, the tempter of all humanity. He came to be known as the "Devil," from a Greek word that means "one who slanders".

Jesus submits to this temptation to teach us how to avoid our own enticements. We must be steadfast in our resolution to follow the way of the cross, no matter how alluring is the easy way through life. . (Fr. Lonsdale Commentaries & Clip Art)

Lent

During the time of lent, we are challenged to be more aware of God's presence in our lives than at other times of the year. We have the opportunity to make a few sacrifices which remind us that there are many people in the world who don't have the basic necessities required to survive or thrive -- things we unfortunately take for granted every day. By doing without some of these things, we can better stand in solidarity with those who are less fortunate. Let's be grateful for the season of Lent -- for the opportunities it provides and for the ultimate celebration to which it leads us. Let's hope we can stay focused for these next forty days, and the Sundays, too, on how God is present and active in our lives and in the lives of those around us. Yes, Lent is a gift.



Lenten Fasting Regulations - - Directions

1) Abstinence on all the Fridays of Lent, and on Ash Wednesday and Good Friday.

No meat may be eaten on days of abstinence.

Catholics 14 years and older are bound to abstain from meat. Invalids, pregnant and nursing mothers are exempt.

2) Fast on Ash Wednesday and Good Friday.

Fasting means having only one full meal to maintain one's strength. Two smaller, meatless and penitential meals are permitted according to one's needs, but they should not together equal the one full meal. Eating solid foods between meals is not permitted.

Catholics from age 18 through ages 59 are bound to fast. Again, invalids, pregnant and nursing mothers are exempt.

3) Friday Abstinence Outside of Lent.

It should be noted that Fridays throughout the year are designated days of penance. The Code of Canon Law states that Friday is a day of abstinence from meat throughout the year. The American Bishops have allowed us to choose a different form of penance rather than abstaining from meat, but there must be some form of penance, for this is the day we commemorate Christ's suffering and death. The bishops stress that "[a]mong the works of voluntary self-denial and personal penance...we give first place to abstinence from flesh meat" (Pastoral Statement on Fasting and Abstinence).

Serra Vocation

First Sunday of Lent - February 21, 2021

Lent: the springtime of the soul...is a time to make a new covenant with God, develop new signs of our relationship with our Creator. Go into your own desert and discover what God is asking of you. If you think God could be calling you to be a priest, religious, or permanent deacon, call Fr. Matt McCarthy, Director of Vocations - Archdiocese of Toronto at 416-968-0997. **Email: vocations@archtoronto.org**

Treasures from our Tradition

Fasting may be a priority in your Lenten spring-cleaning regimen. Almost every religious tradition recognizes that fasting is a key to heightened spiritual awareness. You know this from your own experience. When you are engaged in a hobby, painting a room, keeping vigil near a delivery room or standing watch at a sickbed, you may simply forget to eat. What you are doing so fills you that the intensity of the action is itself nourishing. In fasting from food, or drink, or habitual behaviors, you make room for what is truly important.



Even though Lenten Sundays stand apart from the Lenten fast, you will notice traces of fasting in our liturgy. We fast from singing the Gloria and Alleluia, we fast from flowers bedecking the altar, and there may be a noticeable drop in the number of infant baptisms as parents elect to wait until Easter. This hints that fasting is a prelude to feasting, and the vigor of our Easter alleluias is rich fare after a long silence. In the same way, even a small fast – no cream in the coffee, no pepper in the soup, no radio in the car – can not only point to deeper hungers, but help us rejoice more fully in the feast when we break our fast together.

(-Rev. James Field, Copyright @ J.S. Paluch Co.)

Virtual/Online

Worldwide Marriage Encounter Experience



In these stressful times, give your marriage a *booster shot!* Restore your loving communication with your spouse and rekindle the romance. The Marriage

Encounter experience is a skill-building enrichment program where together, you, as husband and wife, learn how to be the best couple you can be. No group discussion. Based on Catholic values but open to couples of all faiths. Rediscover the love in your relationship! **Contact:** Marge & Gerard McCauley at gerard.marge@rogers.com or (905) 792-192 **Website:** wme.org

In Loving Memory

The Sanctuary Lamp for the month of February

Is dedicated to:

"In Loving Memory of:

"Margherita Piscione"

On the first anniversary of her passing

Offered by Husband Angelo & Family"

New Missal

The new prayer book for 2020/2021 season is now available. You may call the parish office to reserve a copy @ 416-251-1109. The offering is \$5.00.

Tax Receipts have been mailed

Your Income Tax receipts have been mailed the first week of February, if you do not receive yours or if there is any errors please call the parish office. Thank you for your support.

When public mass begins again:

Please read the following:

If you exhibit any of the following symptoms, please remain home at this time - cough, fatigue, loss of appetite, and shortness of breath, muscle aches, loss of taste or smell, headache, runny nose, sore throat, chills with shakes.

Arriving at church

- Maintain physical distancing at all times –2 meters (6 feet) from others –in the parking lot, church entrance and in church itself.
- Upon arrival, put on mask/face covering before entering church (for all those over the age of 3)
- Please enter by using main entrance only –Follow direction of volunteers, signage as appropriate.
- Sanitize hands upon entry and regularly wherever possible.
- Pews and aisles will be marked to note physical distancing requirements. Families and households living at the same residence may sit together; the same 2 meters (6 ft.) distance should be maintained concerning others. Follow direction of volunteers for seating.
- Pews are emptied of prayer books, hymnals, etc.
- Holy Water fonts are empty and not in use at this time.

Celebration of the Eucharist

- Please listen carefully to announcements before the start of Mass. Follow direction as advised.
- Lectors will be kept to an absolute minimum during this period of time. Altar servers will not be needed at this time until further notice. Please do not enter the sacristy unless you have been asked to assist during Mass.

Please remember in your prayers

....those who are suffering from illness, they and

their loved ones need our constant

prayers and support

....the souls of the deceased and those who mourn

them